

# REFUGEE FAMILY HELPLINE

**We are here to support  
children and their families  
seeking sanctuary in the  
United Kingdom.**

Refugee Family Helpline

Freephone 0808 156 9877

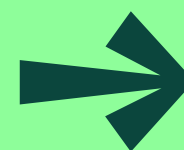
Email [RefugeeFamilyHelpline@barnardos.org.uk](mailto:RefugeeFamilyHelpline@barnardos.org.uk)

The Helpline is open:

Monday to Friday: 10am-8pm

Saturday: 10am-3pm

Please scan QR code to find out more  
information or visit: [helpline.barnardos.org.uk](http://helpline.barnardos.org.uk)



Our Helpline provides emotional and practical support  
as well as advice and signposting to children, young  
people and their families.

All services include access to interpreters if required.



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**BARNARDOS**