



Are you a Hong Kong British National (Overseas) settling in the UK?

We are here to help. Call the Boloh Helpline for free support and advice.

Lines are open between
Monday and Friday 10am – 8pm
and Saturday from 10am – 3pm

0800 151 2605

Or talk to us on our webchat by visiting
helpline.barnardos.org.uk
and clicking on the following icon in the
bottom right corner.



To find out more contact Boloh Helpline
boloh.helpline@barnardos.org.uk

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children**
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